

Annual Report 2008





Strategic Plan 2008 - 2012

Be Smart, *prevent cancer*

- Reduce risks of cancer through health promotion
- Promote available population screening options

Be Understood, *care*

- Provide information, service and support

Be effective, *impact and educate*

- Provide support and education to
- health professionals
- Corporate
- Schools and education providers
- Community

Be strategic, *grow*

- Strengthen governance
- Build revenue
- Build workforce capacity

Be vocal, *advocate*

- Advocacy
- National policy issues
- Local policy issues

The Cancer Council of the Northern Territory Inc (CCNT) was incorporated in 1979 . Over the last 30 years CCNT has gradually expanded its range of services that are delivered from three regional centres. The main office is in Darwin, the regional centres are in Alice Springs and Katherine. The Cancer Council NT also provides an outreach service to accessible communities to assist in reducing the impact of cancer on those living outside of the main regional centres.



Table of contents

Chairperson’s Report	2
Chief Executive Officer’s Report	3-4
Client Services	5-6
Cancer Control Programs	7-8
Events and Fundraising	9-11
Advocacy	12-13
Volunteers, Supporters and Donors	14-15
Internal Audit Committee	16
Financial Statements	(17-21)
Board of Directors Report	17
Independent Audit Report	18-19
Income Statement	20
Balance Sheet	21
Organisation	22



Chairperson's Report



It is with pleasure yet some sadness as I commend to you the Annual Report and Audited Financial Statements of the Cancer Council Northern Territory Inc. for the year 2008. It

has again been a pleasing year operationally for Cancer Council NT but I express some sadness as this is my final commendation of the Annual Report as Chair of the Board of Directors.

2008 saw Cancer Council NT deliver on an ambitious budget with a very impressive surplus. This will now provide some cushioning for what could be a difficult period ahead for fundraising as we face the economic decline in Australia.

Our service provision has continued to respond to the needs of the community and our strong advocacy program has been evident through the media uptake of our call for improved cancer services and considerations for a healthy environment as well as healthy lifestyle options.

Much of our advocacy has been underpinned by our collaborations in the community especially our partners within the Good Health Alliance NT. Cancer Council NT remains secretariat to the Alliance.

We have now completed our Strategic Plan to steer the Cancer Council through the next 5 years. Our Business Plan reflects the 5 strategic goals that provide the framework for all activities of the Cancer Council NT. Sound business practice has allowed the Cancer Council to remain efficient yet effective in meeting their charter in the community. The restructure within the organisation provides a supportive environment for staff to develop and build on their strengths and ultimately reduce the impact of cancer on Territorians.

The Northern Territory community has again provided wonderful support to our fundraising events as well as to the whole organisation through volunteer hours to assist with our mission delivery. On behalf of the Board I thank those dedicated volunteers for giving so

generously of your time and the community for the financial support so generously proffered. I also extend our thanks to the Department of Health & Families for their continued commitment through the funding provided.

I also take this opportunity to acknowledge the commitment of our staff and thank them for their dedication to the Cancer Council NT goals and objectives. I also acknowledge the collaborative efforts of the State & Territory Cancer Councils from around the country as well as the support of Cancer Council Australia. As a small staff administering to a small population over a large jurisdiction the NT benefits greatly from these collaborations

I thank Helen Smith our CEO and my Board colleagues for the generosity and support they have shown me over the last eight years as Chair of the Board of Directors. I leave this position confident that the Cancer Council NT will continue to serve the Territory well and persist in meeting the challenges it faces in real hope and knowledge that we do make a difference!

Sandra Smiles
Chair



Chief Executive Officer's Report



It is my proud duty to present this report from the Cancer Council of the Northern Territory Inc. highlighting our services and achievements for the year 2008.

During 2008 we completed our business review of the operations of the Cancer Council NT and whilst we continue to serve the community with the same values of Integrity; Quality; Access; Equity and Professionalism we coined 5 strategies which provide the framework for us to achieve our goals:

- **Be Smart & prevent cancer** (*Cancer Control*)

Our Cancer Control programs have seen us be more proactive especially in regard to the SunSmart Schools program. We continue to promote awareness campaigns through a variety of avenues, from advertisements in print media to stalls in the public arena such as shopping centres and community events.

- **Be Understood & care** (*Supportive care*)

Our Supportive Care Services continues to provide excellent services having a huge positive impact on people's cancer journey. Working with multidisciplinary teams, our staff provide a care co-ordination service to try to make the journey as seamless as possible. More importantly our staff ensure they receive their care in a timely fashion and limiting the anxiety associated with a cancer journey.

- **Be Effective & impact & educate** (*Cancer education & Health Promotion*)

Through our education programs during 2008 we continued to respond to the corporate sector providing health promotion programs such as SunSmart programs and Healthy Lifestyle programs. We have facilitated modules of communication courses for Health Professionals; provided cancer education programs for Indigenous Health workers as well as providing informal education to clinic staff regarding pathways of care for their patients. We have also distributed Clinical Practice Guidelines to clinicians.

- **Be Strategic & grow** (*Fundraising & corporate services*)

2008 proved again a very successful year financially with us returning a surplus of \$368,725. Our financial success was due to good business practice but also, in no small part, to the great support from the NT community; especially for Relay for Life.

This is a wonderful event that engages the community and allows us all to remember those lost to cancer, celebrate the survivors and empower us all to fight back. These are the defining elements of any Relay For Life: Remember; Celebrate & Fight back!

- **Be Vocal & Advocate** (*Advocacy*)

Our advocacy again this year has centred on tobacco control and also improved services for Cancer Clients. For much of our advocacy we have partnered with the Good Health Alliance NT and also with our sister Cancer Councils around the country. We have continued to keep pressure on the government in relation to the radiation oncology unit and am pleased to report construction is expected to be completed by the end of 2009.

I sincerely thank and acknowledge the generosity of the Territory community. Without their continued support we would not be able to deliver our services to the level that we do and this would have a huge impact on our patients. Their support is much appreciated not only by staff but also the patients as end users of the services

The support from the NT Government is acknowledged. Funding is provided to the Cancer Council through service agreements with the Department of Health & Community Services. Such financial support enables the Cancer Council NT to engage suitably qualified staff and continue to offer the high quality service that we do provide, which the community demands and to which it is entitled.



Chief Executive Officer's Report (cont)

I point out that we can only continue to provide these services because of the support of many valued volunteer staff. These volunteers are absolutely vital to our service and they fill many roles in our organisation; assisting in our fundraising as well as in service delivery.

The role Volunteers play is absolutely vital and we would not be able to continue with all our services without their very valuable assistance.

I would like to thank all members of the Board for their good guidance and support to my role during the year. Further, I thank all the wonderful staff who have all worked tirelessly and as a team to provide such a high quality service that is much needed, well received and we know assisting in reducing the impact of cancer on our community.

Helen Smith
Chief Executive Officer.



Client Services

2008 was pleasing as our referrals from the clinicians, particularly the surgeons, increased and as such allowed us to provide services to a greater number of clients. Most doctors who are part of the oncology service recognize psycho-social care as being an important component of meeting patient needs in the treatment care plan. The Cancer Council NT has become an accepted and respected service provider of psycho-social care by members of the surgical, medical and radiation oncology teams at Royal Darwin Hospital

Cancer Council support service staff have become a core part of the multidisciplinary team and attend the weekly Oncology multidisciplinary team meetings. Their acceptance in the team is the result of the outreach to clinicians regarding the services offered by Cancer Council as well as through the staff's input into case discussions at these meetings. Cancer Council staff also attend clinic appointments with patients especially when doctors will be delivering bad news to them. This service is requested by clinicians and is well received by patients.

Increased awareness of the Cancer Council NT and the services offered is also evident through the number of self referrals received and from friends and relatives of patients. Requests for services to assist families and carers is increasing as people become aware that our service is available to anyone impacted by a cancer diagnosis



Supportive care is provided through several roles within the Cancer Council. The Breast Care Nurse is all encompassing and provides care coordination for those travelling the breast cancer journey. The Breast Care Nurse attends both the weekly Breast Oncology Clinic at the hospital and the Oncology multidisciplinary meetings.

The Nurse Counsellor role provides psychological care for all cancers outside those under the care of the Women's Cancer & Breast Care Nurse. The demand for the services of the Nurse Counsellor was particularly high from the Head and Neck clinic with an increasing number of referrals for people with head and neck cancers

Jill Naylor joined us as Health Programs Manager in December 2008. Jill settled into the team very quickly, her experience and expertise will be invaluable. I know under Jill's guidance our health programs will flourish

Outreach

Cancer Council NT provides an outreach service to try and meet the needs of patients living outside the main urban centres. During 2008, our staff visited Alice Springs and also Nguiu on several occasions to follow up with clients, health workers and clinic staff. The Breast Care Nurse also supported clients from Nhulunbuy & Yirrkala and linked in with staff from Community Health Clinics in those areas.

The Nurse Counsellor visited Katherine during the year to support clients from the region including Pine Creek and Adelaide River. From the Central Australian office visits were undertaken to Santa Teresa to follow-up on clients and also to Utopia and Ammaroo to attend a women's health day and provide education and support to Health staff in the area.

In the Alice Springs office the roles of Breast Care Nurse and Nurse Counsellor are combined. This provides for more accessible hours for individual patients. During the year we extended the opening hours to full time in Alice Springs. We are hoping this will allow for improved accessibility and therefore more use of the services offered.



Client Services (cont)

Ostomy Supplies Services

Cancer Council NT provides all stoma appliances for ostomates. This is coordinated from the Darwin office and dissemination is through personal contact, postal delivery and via Health clinics when deemed most suitable for client access.

In Alice Springs, Maureen York, Community Health Nurse, housed and distributed ostomy supplies for many years but it was an extra role for her on top of a busy nursing position. Now with extended opening hours we distribute from the Alice Springs Cancer Council office. We are very grateful to Maureen for her support over many years and also for her ongoing support for the clients we refer to her for nursing care of their stomas.

Clare Meehan joined the Cancer Council staff in Darwin in 2008 as Administration Officer. Restructuring the organisation, Clare became full time towards the end of the year and adding to her role, become the Ostomy Coordinator.

Staffing

During 2008 we had changes in both offices with Prue Crouch leaving the Alice Springs office and being replaced by Anna van der Helder. Anna undertook the Breast Care Nurse course sponsored by Cancer Council NT and engaged well with clients in Alice Springs.



In the Darwin office, our Nurse Counsellor, Andrea Richmond left to pursue a position at Royal Darwin Hospital. Due to staff wishes and a restructure within the Cancer Council, Marg Hodgetts eagerly took on the role of Nurse Counsellor.



Cancer Control Programs

Cancer Council NT promotes five main messages as part of our mission to prevent cancer:

- **Avoid Tobacco Smoke**
- **Protect your skin from the sun**
- **Eat a healthy nutritious diet**
- **Be physically active**
- **Know your body and be vigilant to detect cancer early**

We take every opportunity to promote these cancer prevention messages in our community.

Awareness Campaigns

World Cancer Day

On the 4th February we had an information stall at Casuarina Shopping Square and Yeperenye Shopping centre in Alice Springs. The stall provided general information on a wide range of cancer prevention strategies as well as where to go to for help and support for people affected by cancer.



Ovarian Cancer Awareness

Towards the end of February we provided materials to community health centres and community libraries for displays.

World “No Tobacco” Day

On the 31st May there was advertising features in our local newspapers with editorial supplied by Cancer Council NT, promoting No Smoking and discussing the effects and links smoking has to cancer.



Men’s Cancer Awareness Week

Leading up to Fathers day in September an Awareness Booth was placed at shopping centres in both Darwin & Alice Springs to promote men’s cancer. General cancer information was provided, especially relating to prostate cancer.

National Skin Cancer Action week

The week beginning 16th November, Cancer Council NT provided supporting features on Sun Safety for the Darwin and Palmerston Sun. There was also a National Schools Competition that that was promoted by our office to secondary schools.

Breast Cancer Awareness Month

PINK was the colour for October. Functions were held to raise awareness of early detection of breast cancer. A national advertising campaign was run and Cancer Council NT support services were promoted. Cancer Council NT was involved in community awareness activities including the “We Want Your Bra” campaign that was held in partnership with Darwin and Palmerston Sun .

Women’s Cancer Awareness

Also in October the national “Girls Night In” campaign aimed to promote women’s cancer programs.

In addition to these awareness campaigns, Cancer Council NT promoted key messages for cancer prevention through “Mission Moments” at our at Relay for Life events.

We continued to promote our Cancer Council Helpline as a source of information about Cancer Control programs in all our promotional activities.

Cancer Council Helpline: 13 11 20

Community Education

We responded to demands from both the community and the corporate world to deliver cancer prevention education sessions during the year.

Topics included:

- Skin Cancer Prevention SunSmart Working safely in the sun
- Bowel cancer awareness
- Prostate cancer Awareness
- Healthy Lifestyle promoting nutrition, physical activity and no smoking
- National Screening programs



Cancer Control Programs (cont)

SunSmart Schools and Early Childhood Program



SunSmart is a nationally recognised skin cancer prevention program aimed to lead, coordinate, implement and evaluate action to minimise the human cost of skin cancer in Australia.

It is critical that early childhood centres and schools employ a thorough SunSmart policy as it has been shown that sun exposure in the first 10 years of life determines, to a substantial degree, the lifetime potential for skin cancer¹.

The SunSmart Schools Program aims to:

- empower staff and students to make healthy behaviour choices relevant to skin cancer
- advocate for and support the implementation of sun protection policies and practices that lead to long-term structural and organisational change
- reduce sunlight exposure by encouraging staff and students to change their behaviour and environments
- ensure schools follow the Cancer Council's Outside 5 recommendations – *slip* on a hat, *slop* on sunscreen, *slap* on a shirt, *seek* shade and *slide* on sunglasses



Currently in the Northern Territory, state primary schools in Darwin, Palmerston and the rural area are being targeted. In 2008 Girraween Primary (pictured) was the first school to join the

SunSmart Schools Program. Since then Larrakeyah Primary and Jingili Primary have submitted their application. The SunSmart Coordinator is working closely with 24 of the 30 schools and is expecting many more applications throughout 2009.

The national SunSmart program also includes early childhood centres, independent / catholic primary schools and secondary schools. In 2008, Family Day Care Darwin and the Lutheran Childcare centre joined the SunSmart program.

Research shows that schools with a written sun protection policy have the greatest number of students and staff protecting themselves from the sun².

1. Armstrong, BK. How sun exposure causes skin cancer: an epidemiological perspective. In: Hill D, Elwood JM, English DR, eds. *Prevention of skin cancer*. Dordrecht, the Netherlands: Kluwer Academic Publishers, 2004, pp. 89-116

2. (Dobbinson SJ, Peipers AM, Borland, R Nolan KM. Are Victorian primary schools SunSmart? The ongoing development of the SunSmart Schools Program. *Health Promotion Journal of Australia* 2000; 10 (1) :43-50.



Slip



Slop



Slap



Seek



Slide



Events and Fundraising

Australia's Biggest Morning Tea



In its 15th year, Australia's Biggest Morning Tea asks people to gather friends, family or work colleagues and host a morning tea to raise funds for the Cancer Council.

On May 22nd Territorians put the jug on and went all out in a bid to have the most creative morning teas. Whether it was a tea in the sky, in the office, park or school, Australia's Biggest Morning tea was a hit in 2008.

Long term supporters of Australia's Biggest Morning Tea, Darwin's Greek Orthodox Community, out did themselves in 2008. Irene Mellios OAM put on an outstanding event filled with auctions, entertainment fashion parades, an ever popular trading table, raffles, plenty of home cooked food and tea galore! Over 200 people packed into the local hall for the famous Morning Tea which has become an annual event on the Greek Community Calendar. Visited by local business owners and popular with Cancer Council supporters, this event raised \$ 15,000 for the Northern Territory.



In 2008, raising \$152,505, Australia's Biggest Morning tea saw an increase in revenue of 9.8% from 2007 in addition, registrations were up. Thanks to all the volunteers and supporters for making this such a successful event including Lions and SkyCity Darwin where the launch was held.

Daffodil Day

Daffodil Day is the largest merchandise based fundraising event of its kind for cancer research, education and patient support in the Southern Hemisphere.



It is a day to support those touched by cancer and to focus on our belief for a cancer-free future. The daffodil flower is the international symbol of hope for all people affected by cancer - survivors, patients, family and friends.

Over 60 volunteers worked at stalls across the Territory selling merchandise and spreading the message of hope for a cancer-free future. Territorians raised \$88,651 which helps fund cancer education and much needed support programs. Thanks to all the volunteers for their support.



Pink Ribbon Day

The pink ribbon is the symbol of support for the many people who have been affected by breast cancer globally. In Australia alone, around 12,000 women and 100 men are diagnosed with breast cancer each year.



Pink was the colour for October! Stalls were set-up around town to sell the pink merchandise with over 1600 silks sold. Penny bears were a hit selling out of the popular icon. On Pink Ribbon Day over 300 supporters, volunteers and competition winners saw the advanced screening of *The Women*, sponsored by Territory FM and Birch Carroll and Coyle. The Patriots motorcycle club got into the spirit and dressed up in pink for a fundraising ride around Darwin and Palmerston. Across the Territory \$52,441 was raised, this was a 30% increase on 2007.



Thanks to all our volunteers and supporters including Birch Carroll and Coyle, Territory FM, House of Cupcakes, Celebrations, Country Classics and Hopscotch Film.



Events and Fundraising (cont)

Relay For Life



Cancer survivors and supporters turned out in numbers across the Territory to show their support for Relay For Life.



On Friday 26th September at Gardens Oval, 65 teams and 550 participants camped out overnight to help **Celebrate** those survivors who have beaten cancer, **Remember** those lost to the disease, and to help **Fight Back** by showing their support. Friends and family alike

showed up to cheer on 65 Survivors who were honoured in the survivors walk kicking off the event with festive spirit.

The many fundraising months paid off with teams across the Territory raising \$214,240 which will help Territorians touched by cancer receive much needed support and services. This is up 16.5% up from 2007.

Congratulations to *Rose Petals* who were our highest community fundraiser in Darwin raising \$47,047 and the highest corporate fundraiser in Darwin was the *Pink Planners* raising \$37,607.



The first Relay of the year wFas held in March in Alice Springs and raised \$68,426. *The BUGered Hookers* were the highest corporate fundraiser, raising \$7,025 and the

The Pine Gap's Lucky Charms were Alice Springs highest community fundraiser, raising \$6081. We would especially like to thank our major sponsor, Central Australian Financial Planners, for their generous support through their national Community Fundraising Program, which offered to match 50 per cent of funds raised in Alice Springs Relay For Life contributing a massive \$20,000.

Jabiru also had a fantastic Relay raising \$13,837.

Thanks to all our Relay For Life supporters including:

- Coates Hire
- Collex Pty Ltd
- Enchanted Moments
- Community Work Party
- CO 1 Combat Support Service Battalion (1CSSB)
- Bearcom Wireless
- Total Event Services
- Darwin City Council
- U-Cart
- Jape
- CMAX Cinemas
- Cold Rock
- Price Attack
- Hanuman
- Video Ezy
- Equinox Fishing Charters
- Cornucopia Museum Cafe
- Bunnings
- Just Cuts
- Harvey Distributors
- Darwin Ice Sales
- Territory FM
- Channel 9 Darwin
- Kiwanis Club of Darwin
- Rotary Club of Nightcliff
- Eagle Boys
- Deckchair Cinema
- Flight Path Golf Centre
- Double Decker Tours
- Tracy Village Social & Sports Club
- The Rock Doctors Gully
- UltraFast Karts
- The Good Guys
- Raging Bull
- Barbeques Galore
- Zone 3 Laser Games
- Birch Carroll & Coyle Darwin
- Planet Tenpin





Events and Fundraising (cont)

Girls Night In



The Northern Territory Girls Night In was launched at Fernwood Women's Health Club on Bagot Rd. From the launch girls across the Territory took up the call to host their own Girls Night In raising vital funds to go towards women's cancers.



Hosts around the Territory invited their girlfriends over for a night in of movie nights, pamper evenings, craft nights, karaoke and

many more. Then simply had everyone donate the money they would have spent going out to the Cancer Council. From the 85 registrations, \$35,572 was raised.

Thanks to all the supporters of Girls Night In, including;

- Fernwood Womens Health Club
- Pearl Galleria
- Body Shop
- Complexions
- Advanced Body Image
- Sterns
- Creative Memories
- Le Reve
- Sky City Darwin
- Hogs Breath Cafe
- Airport Resort
- Country Classics
- Harrisons Pharmacy
- Tims Surf & Turf
- Uzuri Hair Studio
- Pee Wees
- Mantra on the Esplanade
- Holiday Inn Esplanade
- Lorna Jane
- Ben Dark
- Carla & Bruce Bourke
- Karens Catering
- Spartys
- Spotlight
- Casuarina All Sports Club
- Fosters
- Channel Nine Darwin
- Southern Cross
- Supercheap Auto
- Palmerston & Darwin Sun

Race Day



On March 8th The Darwin Turf Club was the place to be for The Cancer Council Cup. The race meeting, not only lots of fun, was also an opportunity for race goers to support the Cancer Council NT. The ladies came out in true racing style, hats and all; whilst the fellas checked out the Philly's on the track.



The day was made a success, raising \$11,818, thanks to the generous support from Sporting Bet, Able Finance, Merit Partners and BH Marine. The day would not have been so successful if it wasn't for the support of many other businesses who bought tables and came along to enjoy the races, including Colemans Printing, Trans Territory Foods, Sky City Darwin, Territory FM, Fosters Group and OAMPS.



Advocacy

Tobacco reform has been the main focus of our advocacy strategy for 2008. Cancer Council NT has engaged with members of the Good Health Alliance to strengthen our platform on tobacco reform. Through the Alliance we have had regular audiences with the Minister for Health and on several occasions met with the Minister for Family Services. Whilst the government has promised a review of tobacco legislation for several years now, there has been little or no action. It has been our aim to keep tobacco reform firmly on the government agenda.

Cancer Council NT's call for action:

Comprehensively revise and strengthen the NT Tobacco Control Act by:

- **Providing total Smoke Free Work Areas in**
 - Pubs, clubs, casinos (all serviced areas)
 - All outdoor hospitality areas
 - Health service settings (all)
 - Education facilities (whole of precinct)
 - Sporting facilities
 - Outdoor entertainment venues
- **Removing all 'Point of Sale' displays and marketing.** Tobacco products should be out of site and under the counter (especially important policy for de-normalising tobacco use among youth)
- **Preventing sales from external areas of premises.** Sale of tobacco products must be from within the retail premises preventing preferential sales to customers not entering the store and specifically preventing sale of tobacco in preference to purchasing food e.g. Supermarket
- **All school environments to becoming totally smoke free.** Prohibiting designated smoking areas within school grounds will assist with denormalising smoking.
- **Reviewing the licensing of tobacco retailers and establish license fees** that can be channelled into health promotion.

Other critical measures are also needed:

- Dedicated funding and personnel for long term tobacco control efforts
- The NT Government should advocate nationally for tax increases and plain packaging (the tobacco industry considers tax its greatest threat and packaging as its most effective marketing tool).
- Other states are pushing for national consistency in the creation of smoke free areas in casino's high roller rooms. No employees should have to work in toxic environments, whether they are smokers themselves or not.
- Invest in social marketing that is complementary to, and consistent with, national mass media campaigns: Contain truthful messages, call for action to call Quitline and target broadcasting to Indigenous communities.
- Improve cessation support and access to Quitlines for the many who want to stop smoking.
- New smoke-free legislation needs to be promoted and supported by effective, positive public messaging, including a media campaign.



Advocacy (cont)

Improved Patient Services

Radiation Oncology Unit:

The Labour party gave a commitment in 2001 that if elected they would provide radiation services in Darwin. Whilst over the years this has been put very much on the back burner our advocacy program has endeavoured to keep this very much front of mind in the public arena. The media has provided a grand platform for us to keep the pressure on the government. Additionally, the message has been clear from consumers through various public forums. The loud, strong voice from people having to travel away for treatment added huge weight to the demand to government to deliver on this election promise and it is with a great deal of satisfaction that we see construction underway. It is anticipated that the Darwin Radiation Oncology Unit will be commissioned by the end of 2009.

Patient Assisted Travel Scheme:

The level of assistance provided to patients as they travel interstate for cancer treatment has always been a concern for patients and their families. Whilst patient travel schemes are State and Territory funded programs, this is an issue facing patients nationwide. The commonwealth government held a Senate enquiry into patient travel schemes and the 'Advocacy Hub' at Cancer Council Australia made submissions on behalf of all Cancer Council offices. Our local voice was insistent about the importance of having a support person accompanying patients whilst they travel interstate for treatments and we were rewarded with a review of the scheme by the Northern Territory government. Part of the review resulted in a slight increase in daily allowances, more importantly cancer patients have now been afforded the inclusion of a support person to travel with them for treatment. This has been a very rewarding outcome for staff working on our advocacy program.



Volunteers, Supporters and Donors

Volunteers

The Cancer Council NT is very fortunate to have a team of volunteers who provide enormous support to our organisation. Our volunteers work in a variety of roles and their contribution is an inspiration to all of our staff.

People from all walks of life volunteer for us; students and young people to gain valuable work experience, people having a break in their work life, many still working and want to give back to their community, retired people, those who have been touched by cancer in some way and many more.

The diversity of roles undertaken by volunteers includes providing specific skills to a project or task, offering peer support to those undergoing cancer treatment, offering help and support to health campaigns and advocacy and supporting the work in our offices.

Our volunteers are committed to the philosophies and goals of the Council and their selfless effort is greatly appreciated.

Supporters

The Cancer Council NT acknowledges with great appreciation the many supporters and sponsors for 2008 including:



GlaxoSmithKline

We would also like to congratulate Irene Mellios OAM for being awarded, on Australia Day, a Medal of the Order of Australia for her service to the Greek community of Darwin and to the Cancer Council of the Northern Territory. Irene is a valued supporter of the Cancer Council NT and we appreciate her tireless effort over the years and look forward to many more.

Donors

The Cancer Council NT would like to thank the ongoing support from all our donors.

- Mister Minit
- National Mutual Life Ass. Of Australia
- Woodside Energy
- Kate Hickman (GlaxoSmithKline)
- Glen Helen Resort
- Jackie Maclean (Gold Medal Services NT Pty Ltd)
- Woodroffe Primary School
- Connell Wagner
- Marj Ahrens (Ahrens Engineering Pty Ltd)
- Candice Biasia (Universal Sodexho)
- Coconut Grove Seniors Community Hall
- Oral Health Services NT
- Ward Keller Lawyers
- Alyangula Golf Club Inc
- Friends hair and Beauty
- Association of independent Retirees
- Anon
- Boog Air Pty Ltd
- Cheryl King (Alice Springs Town Council)
- Darwin Cycling Club
- Robert, Debbie & Family
- Busy Bee Café
- Conoco Phillips
- Les & Jude Adams
- Carmen Atti
- Raytheon
- Max Baumber
- Linda Beggs
- Natalie Best
- Karen Blair
- Patricia Bonson
- Rebecca Brown
- Ken and Lynette Buntain
- Lisa Burkenhagen
- E & B Bylsma



Volunteers, Supporters and Donors

Donors (cont)

Cahill Family
Michael Caraher
R. W Carney
Kathleen Chong-fong
Sara Clarke
Davina Cook
Louise Corrigan
Tracey Curry
Gail Davis
Paul Debbits
John & Bernadette Dermondy
Paul Domin
Ron & Pam Dumigan
Charlotte Dyer
Gaye England
Robert Essery (Auscard Pty Ltd)
Graham Everingham
Wayne Hoban
Bob Ferguson
Tony Fitzgerald
Pam & Colin Fuller
Kerry & Terry Gadsby
David Gall (Centrelink Indigenous Response Team)
Russell Gilliland
Hazel Glencross
Anita Goodgame
Joy Goody
Marion Gordon
Jeanette Graham
Leelamani Gunaratnam
Janet Hanlon
Sam Hanzel
Chris & Carleita Harbidge
Robyn Harding
Lee-Ann Hardy
D & J Hardy
Jannin Hardy
Kathy & John Harpley
Kathy Hillery
Wayne Hoban
Clint Holmes
Di Howard
Don Jack
Nancy Jackson
Drina Jankovic
Margaret & Russell Johnson
Judy Joyce
Foster Lau
Norma & Milton Launer & family

Frances (Bobby) Lea
Brad & Sue Leggett
Kevin Litzman
Marian Mann
Elain and Dennis Martin
Krys & Tiny Mazlin
Tony McDonald
Craig Menzies
A & M Merrman
Rosemary Millar
Danielle Mobbs
M. J Moore
Annette & Bob Morgan
Martha & Marcus Morse
Jaqualin O'Brien
Vein & Jacqueline O'Brien
Dawn Owen
Thea & Geoff Pearce (BBQs Galore)
Elissa Pernu
Ross and Karen Pethick
Jenny & Leon Pethick
Peter Plange
W A Poole
Arthur & Corina Post
Josie Priestely
Andrew Priestly
Claudia Priestly
Pat & Les Rasmussen
Pat & Julius Robinson
Gayle Rose
Robert Sanders
The Reverend Len Sherra
Val and Harold Sinclair
Shannon Skipsey
Shelley Smith
David Smith
Poh Siok Soong
Joan Storer
Agnes (Stevie) Swan
Kathy Thiess
June Tuzewski
Thelma Wallis
Mrs. Jean Whistler
Brian Clark (Wridgways)



Internal Audit Committee



This year has seen the continuation of the improved financial performance by the Cancer Council NT (CCNT) in recent years. In the year to 31 December 2008 a surplus of \$368,725 (2007: \$309,096) was recorded and the CCNT now has net assets totalling in excess of \$1.5M (2007: \$1.1M).

This excellent result is in part due to continuously improving financial management policies and procedures but is also again a testament to the hard work and effort put in by all staff and volunteers throughout the year. This has resulted in sustained high levels of fundraising received during the year, most notably from the Relay For Life events held across the Territory.

The global financial crisis that has taken hold in recent months will undoubtedly place pressures going forward on the capacity for the community to maintaining this high level of generosity experienced in fundraising over recent years. However the sound financial position of the CCNT means that we are able to plan with certainty to making sustainable improvements and expansions in the provision of cancer prevention, detection, education, awareness and support services to the community.

The business and strategic plans that were finalised during the year provide the framework for moving forward in achieving these goals.

As always special thanks need to go Helen Meyering who has once again managed the finances admirably and provided valuable support and input into the activities of the Internal Audit Committee.

I look forward to 2009 and the challenges ahead with unwavering enthusiasm and optimism.

David Braines-Mead
Chairman IAC



Financial Statements Board of Directors Report

Your committee members submit the financial report of the Cancer Council of the Northern Territory Incorporated for the financial year ended 31 December 2008.

BOARD MEMBERS

The names of board members at the date of this report are:

Chairperson	Ms Sandra Smiles
Vice Chairperson	Mrs Romola Sebastian-Pillai
Secretary	Ms Helen Smith – ex officio
Treasurer	Mr David Braines-Mead
Public Officer	Mrs Romola Sebastian-Pillai
Board Member	Mr Peter Perrin
Board Member	Mrs Marilyn Harvey
Board Member	Mr Mark Blackburn
Board Member	Ms Marie Hughes

PRINCIPAL ACTIVITY

The principal activity of the Association during the year was the provision of support services to community members affected by cancer. There were no significant changes in the nature of the Association's principal activities during the year.

OPERATING RESULT

The operating profit for the year was \$368,725 (2007 operating profit – \$309,096).

In our opinion –

- a) the accompanying financial report, being a special purpose financial report, is drawn up so as to present fairly the state of affairs of the Association as at 31 December 2008 and the results of the Association for the year ended on that date;
- b) the accounts of the Association have been properly prepared and are in accordance with the books of account of the Association; and
- c) there are reasonable grounds to believe that the Association will be able to pay its debts as and when they fall due.

Ms Sandra Smiles
(President)

Mr David Braines-Mead
(Chairperson of the Internal Audit Committee)



Financial Statements Independent Audit Report

Independent audit report to the Members of the Cancer Council of the Northern Territory Incorporated

We have audited the accompanying special purpose financial report of the Cancer Council of the Northern Territory Incorporated ("the Association"), which comprises the balance sheet as at 31 December 2008 and the income statement for the year then ended, a summary of significant accounting policies and other explanatory notes and the Board of Directors report.

The Responsibility of the Board of Directors for the Financial Report

The Board of Directors of the Association are responsible for the preparation and fair presentation of the financial report and have determined that the accounting policies described in Note 1 to the financial statements which form part of the financial report are appropriate to meet the financial reporting requirements of the Associations Act and the Association's Constitution and are appropriate to meet the needs of the members. This responsibility includes establishing and maintaining internal controls relevant to the preparation and fair presentation of the financial report that is free from material misstatement, whether due to fraud or error; selecting and applying appropriate accounting policies; and making accounting estimates that are reasonable in the circumstances. These policies do not require the application of all Accounting Standards and other mandatory financial reporting requirements in Australia.

Auditor's Responsibility

Our responsibility is to express an opinion on the financial report based on our audit. No opinion is expressed as to whether the accounting policies used, as described in Note 1, are appropriate to meet the needs of the members. We conducted our audit in accordance with Australian Auditing Standards. These Auditing Standards require that we comply with relevant ethical requirements relating to audit engagements and plan and perform the audit to obtain reasonable assurance whether the financial report is free from material misstatement.

An audit involves performing procedures to obtain audit evidence about the amounts and disclosures in the financial report. The procedures selected depend on the auditor's judgement, including the assessment of the risks of material misstatement of the financial report, whether due to fraud or error. In making those risk assessments, the auditor considers internal control relevant to the Association's preparation and fair presentation of the financial report in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the Association's internal control. An audit also includes evaluating the appropriateness of accounting policies used and the reasonableness of accounting estimates made by the Board of Directors, as well as evaluating the overall presentation of the financial report.

The financial report has been prepared for distribution to members for the purpose of fulfilling the Board of Directors financial reporting obligations under the Associations Act and the Association's Constitution. We disclaim any assumption of responsibility for any reliance on this report or on the financial report to which it relates to any person other than the members, or for any purpose other than that for which it was prepared.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our audit opinion.



Financial Statements Independent Audit Report (cont)

Independence

In conducting our audit, we have complied with the independence requirements of the Australian professional accounting bodies.

Basis for Qualified Auditor's Opinion

The Association has determined that it is impracticable to establish control over the collection of revenue, other than grant revenue, prior to entry into its financial records. Accordingly, as the evidence available to us regarding revenue, other than grant revenue, was limited, our audit procedures with respect to revenue had to be restricted to the amounts recorded in the financial records. We therefore are unable to express an opinion whether the revenue the Association obtained, other than grant revenue, is complete.

Qualified Auditor's Opinion

In our opinion, except for the effects, if any, of the matter noted in the qualification paragraph above:

- a. the financial report presents fairly, in all material respects, the financial position of the Cancer Council of the Northern Territory Incorporated as of 31 December 2008 and of its financial performance for the year then ended in accordance with the accounting policies described in Note 1 to the financial statements;
- b. there are reasonable grounds to believe the Association will be able to pay its debts when they fall due;
- c. we have obtained all information and explanations required; and
- d. proper accounting records and other records have been kept by the Association as required by the Associations Act.

Matthew Kennon
Merit Partners

DARWIN
Date:



Financial Statements

Income Statement, Year ended 31 December 2008

	Notes	2008 \$	2007 \$
INCOME			
Grant funding	9(a)	326,582	326,637
Fundraising and donations	9(b)	739,172	711,525
Sales and royalties	9(c)	84,091	73,133
Sponsorships and bequests	9(d)	11,819	13,914
Other income	9(e)	357,107	259,739
		1,518,771	1,384,948
EXPENDITURE			
Administration and support services	10(a)	805,539	767,264
Cost of sales	10(b)	334,490	300,928
Depreciation		10,017	7,660
TOTAL		1,150,046	1,075,852
SURPLUS FOR THE YEAR		368,725	309,096



Financial Statements

Balance Sheet, Year ended 31 December 2008

	Notes	2008 \$	2007 \$
CURRENT ASSETS			
Cash and cash equivalents	2	1,467,342	1,139,596
Trade and other receivables	3	78,045	30,274
Inventory	4	35,378	28,017
Prepayments		11,409	10,477
		1,592,174	1,208,364
NON CURRENT ASSETS			
Property, plant and equipment	5(a)	33,656	22,825
		33,656	22,825
TOTAL ASSETS		1,625,830	1,231,189
CURRENT LIABILITIES			
Trade and other payables	6	58,991	39,831
Provisions	7	36,088	37,322
		95,079	77,153
NON CURRENT LIABILITIES			
Provisions	7	21,162	13,172
		21,162	13,172
TOTAL LIABILITIES		116,241	90,325
NET ASSETS		1,509,589	1,140,864
ACCUMULATED FUNDS			
Accumulated surplus	8	1,487,937	1,119,212
Asset revaluation reserve		21,652	21,652
		1,509,589	1,140,864



Organisation

Board Members

Ms Sandra Smiles	Chairperson
Mrs Romola Sebastian-Pillai	Vice Chairperson
Mrs Romola Sebastian-Pillai	Public Officer
Mr David Braines-Mead	Chair Internal Audit
Mrs Marilyn Harvey	Director
Mr Mark Blackburn	Director
Ms Marie Hughes	Director
Mr Peter Perrin	Director
Ms Helen Smith	ex officio

Staff members

	Helen Smith	CEO
Darwin	Helen Meyering	Finance Officer
	Jill Naylor	Mgr Health Services & Cancer Control Programs
	Marg Hodgets	Support Services Coordinator
	Jennie Copley	Breast Care Nurse
	Andrea Richmond (resigned)	Nurse Counsellor
	Cheryl Blakely	Psychologist
	Sarah Valentine	Health Promotion Officer (SunSmart)
	Chantelle Hughes	Events and Fundraising Manager
	Teya Wells	Events and Fundraising Officer
	Belinda Marshall (resigned)	Events and Fundraising Officer
	Rebecca Forrest (resigned)	Events and Fundraising Officer
	Carolyn Maxsted (resigned)	Events and Fundraising Officer
	Clare Meehan	Administration and Ostomy Coordinator
	Chloe Mallinson (resigned)	Administration Officer
	Cheryl Fitsimmons (resigned)	Administration Officer
Alice Springs	Anna van der Helder	Breast Care Nurse
	Prue Crouch (resigned)	Breast Care Nurse
	Tawnya Senior	Events and Fundraising Officer
	Nanette Longe (resigned)	Events and Fundraising Officer
	Paula Waggoner	Administration Officer
	Karen Cilka (resigned)	Administration Officer
	Maria James (resigned)	Administration Officer
Katherine	Jane Robinson	Events and Fundraising Officer

Preventing cancer

Quit smoking

- Quitting smoking will start to reduce your chance of getting cancer immediately
- Avoid passive / second hand smoke

Be SunSmart

- Cover up in 5 ways
 1. Slip on a hat
 2. Slop on sunscreen
 3. Slap on a shirt
 4. Seek shade
 5. Slide on wrap around sunglasses

Live a healthy lifestyle

- Eat a healthy balanced diet with lots of fruit and vegetables
- Exercise regularly
- Maintain a healthy body weight
- Limit your alcohol intake

Know your body

- Be aware of your own body
- See your Doctor if you notice any changes
- Check for new spots or changes to your spots on your skin

Women

- Have a pap smear every 2 years
- Check your breasts for changes
- Have a mammogram every 2 years if over 50

Men

- Check for changes in your testicles
- Be aware of changes in urine stream or difficulty in starting to urinate



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