

*Free fitness, food & facts just in time for Fathers Day at our*  
**Men's Health & Cancer  
Awareness Workshop**

**Cancer Council Northern Territory**

Cancer is the leading cause of death worldwide (WHO, 2010). Let us show you how to create a protective lifestyle, improve your health and reduce your risk of cancer in this interactive workshop. Light refreshments will be available *plus* a fitness demonstration by Bodyfit NT.

**Date:** Friday, 3rd September 2010

**Time:** 6:00pm - 7:30pm

**Venue:** Casuarina Library Meeting Room

17 Bradshaw Terrace, Casuarina

**Cost:** Free

Contact Cancer Council NT to register by the 2nd of September and go in the draw to win a free health assessment/exercise session with an ESSA accredited exercise physiologist, kindly donated by Bodyfit NT.



**Cancer Council Northern Territory**

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*Reducing the impact of cancer on Territorians*